

## Belleville Aquatic Center -- Summer 2019

Lessons are part of the summer school curriculum and are offered in accordance with the American Red Cross guidelines. Class size is limited to provide an optimal pupil/instructor ratio that will ensure a quality approach to the program. Three sessions of Red Cross certified lessons will be offered this summer. Please see the Summer School link on our website at [www.belleville.k12.wi.us](http://www.belleville.k12.wi.us) for our online registration process. Please consult each session for times, as there will be slight differences each session. **Students MUST be Age 4 by January 1, 2019, to participate in the leveled classes.**

Forms for Pool Passes, Lifeguard and WSI classes should be returned to the Belleville Elementary School Office, 101 S. Grant St., Belleville. (They will be accepted at the High School office and forwarded to the Elementary School via interoffice mail.)

### Fees

Belleville School District resident- swim lessons	No Fee per session
Non-district resident- swim lessons	\$ 30.00 per session
Endurance/Competitive Swimming	\$ 10.00 per session
Belleville School District resident- Individual Season Pass	\$ 70.00
Non-district resident- Individual Season Pass	\$ 90.00
Belleville School District resident- Family Pass	\$ 125.00
Non-district resident- Family Pass	\$ 175.00
Senior Citizens 65 years and older	Free

Swimming lessons are not like school grades. Students' progression levels vary over the course of the summer and from year to year. Some students will advance quickly, while others take a bit longer. It is acceptable to take the same level many times; this ensures the student is physically and mentally ready for the next level.

## Special Classes

### Endurance & Competitive Swimming (Swim Team)

Works on swimmer's endurance, techniques of competitive strokes, starts from blocks, competitive turns, and optional swim meets. Swimmers can sign up for one or both sessions.

- Swimmers will be provided with swim cap.
- Swimmers will have the opportunity to purchase team clothing at the start of the session.
- Swimmer is welcome to buy a team suit, but this is not required.

### Lifeguard Training \*must be 15 years old or older

Cost: \$115

- Class will cover lifeguarding, first aid, and CPR.

May 30: 31 4-8pm

June 2: 9-6 pm

June 3-4: 4-8 pm

\*\* (If interested please fill out attached form with payment and contact Kelsey Schmit at [schmitk@belleville.k12.wi.us](mailto:schmitk@belleville.k12.wi.us))

### Water Safety Instructor\*

Cost: \$100

\*must be 16 years old or older & have a current Lifeguard Certification

June 7: 4-8pm

June 8 - 9: 8-6 pm

June 11, 13, 14 8-6 pm

June 17: TBD

(If interested please fill out attached form with payment and contact Kelsey Schmit at [schmitk@belleville.k12.wi.us](mailto:schmitk@belleville.k12.wi.us))

### Parent and Tot

Time

5-5:30 p.m.

Days

T and Th - 1<sup>st</sup> and 2<sup>nd</sup> session

Cost

\$5.00/session

**Swim Lessons: Sessions, class schedule, and classes (classes run Monday through Friday)**

Note: Classes subject to change depending on numbers. We reserve the right to move students to different classes pending swimming ability and class size.

**First session:**

**June 11- June 28**

8:00 - 9:00	Competitive & Endurance Swimming (Session 1 & 2 only)		
9:00 - 9:30	2b	3	5/6(combined)
9:30 - 10:00	2a	3	4
10:00 - 10:30	2b	4	5/6 (combined)
10:30 - 11:00	1*	2a	3
11:00 - 11:30	1*	2b	4
11:30 - 12:00	1*	2a	3
12:00 - 12:30	2b	4	5/6 (combined)
12:30 - 1:00	1*	2a	3

**Second session:**

**July 1- July 19**

8:00 - 9:00	Competitive & Endurance Swimming (Session 1 & 2 only)		
9:00 - 9:30	2a	4	5/6 (combined)
9:30 - 10:00	2a	2b	3
10:00 - 10:30	2b	3	5/6 (combined)
10:30 - 11:00	1*	2a	4
11:00 - 11:30	1*	2b	3
11:30 - 12:00	1*	2a	4
12:00 - 12:30	1*	2b	3
12:30 - 1:00	2a	4	5/6 (combined)

**Third session:**

**July 22- August 9**

8:00-9:00	Junior Lifeguard		
9:00 - 9:30	2a	4	5/6 (combined)
9:30 - 10:00	2a	2b	3
10:00 - 10:30	2b	4	5/6 (combined)
10:30 - 11:00	1*	2a	3
11:00 - 11:30	1*	2b	4
11:30 - 12:00	1*	2a	5/6 (combined)
12:00 - 12:30	1*	2b	3
12:30 - 1:00	2a	3	4

**\*Students MUST be able to stand with their mouths out of the water in the big pool, as well as be able to understand and follow suggestions and directions (social and physical skills - usually about age 5). Students MUST be age 4 by January 1, 2019.**

- Level 1: Introduction to Water Skills** Floating and kicking on front and back, water safety rules
- Level 2a: Fundamental Skills A** Introduction to swimming on front and back, work on moving about half way through water using strokes, water safety skills
- Level 2b: Fundamental Skills B** Strength and endurance work for students swimming on front and back, coordination of stroke movements, swimming width of pool, introduction to deep water, water safety skills (Student should be able to swim at least one half of the pool length before they are enrolled.)
- Level 3: Stroke Development** Front crawl, back crawl, butterfly kick, deep water work, diving, treading water, water safety skills
- Level 4: Stroke Improvement** Deep water work, diving, breaststroke (arms and kick), sidestroke kick, butterfly arms and kick, elementary backstroke, front crawl, back crawl, water safety skills
- Level 5: Stroke Refinement** Front crawl, back crawl, elementary backstroke, butterfly, breaststroke, sidestroke, flip turns, endurance swimming, water safety skills
- Level 6: Swimming and Skill Proficiency: Fitness Swimming:** Review and mastery of efficient, strong strokes, increased endurance swimming - 500 yards, surface dives;  
**Fundamentals of Diving:** Review and mastery of efficient strong strokes, springboard usage;  
**Lifeguard Readiness** Review and mastery of efficient strong strokes, intro to lifeguard skills;  
**Personal Water Safety** Review and mastery of efficient strong strokes, personal safety skills

Download the [Swim by American Red Cross](#) App!!! This helps you track your child's swimming progress through the summer and from year to year. It's free ☺

**Inclement Weather    \*\* Please note\*\***

On days of inclement weather, swim classes will continue to meet. Students will participate in *out-of-the-water safety activities*. As always, it is at the discretion of the guardian/care giver to determine whether or not a child attends on these days.

Daily Admissions

(for families without a pool pass)

- Senior Citizens 65 and older - Free
- District resident child \$2
- District resident adult \$3
- Non-district child \$3
- Non-district adult \$4

## Belleville Aquatic Center - Summer 2019

Please return form with appropriate fees to the Belleville Elementary School, 101 S. Grant St. (They will be accepted at the High School office and forwarded to the Elementary School office via interoffice mail.)

Date submitted: \_\_\_\_\_

Season Pass: Individual or Family Resident or Non-Resident Total: \$ \_\_\_\_\_  
(please circle) (please circle)

Total amount due for pass: → \$ \_\_\_\_\_

Family Name \_\_\_\_\_

Names to be included on pass: \_\_\_\_\_  
\_\_\_\_\_

Babysitters are **not** eligible to be included in your family pass. Immediate family (parents/child(ren) only, no grandchildren, cousins, nieces, nephews, etc. Adult fees apply to family members/individuals 18 years or older and must have their own pass.

### Special Classes

#### **Session 1 (June 11 - June 28)**

Parent and Tot - Tuesdays and Thursdays - \$5.00/session \$ \_\_\_\_\_

#### **Session 2 (July 1 - July 19)**

Parent and Tot - Tuesdays and Thursdays - \$5.00/session \$ \_\_\_\_\_

#### **Lifeguard Training** \*must be 15 years old or older - \$115

May 30 - June 4

If interested please contact Kelsey Schmit at [schmitk@belleville.k12.wi.us](mailto:schmitk@belleville.k12.wi.us) \$ \_\_\_\_\_

#### **Water Safety Instructor** \*must be 16 years old or older - \$100

June 7 - 17

If interested please contact Kelsey Schmit at [schmitk@belleville.k12.wi.us](mailto:schmitk@belleville.k12.wi.us) \$ \_\_\_\_\_

Total dollar amount due → \$ \_\_\_\_\_