**Regular Grounders**

* Infield throws to 1st
  + Start by hitting to 3rd
  + 1st base throws home
* Infield throws to 2nd base for double plays
* Infield touches their own base and throws to first (1st base touches 1st and throws to 2nd)
* Slow roller, throwing on the run to 1st, (1st throws to home)
* Infield throws to 1st
  + Start by hitting to 3rd
  + 1st base throws home
  + Catcher will throw down to the base where the ball was first hit.
* Finish with infield throwing home and following to cover the bunt. Catcher rolls ball out and fielder throws to 1st. 1st baseman will through
* Pop up to Catcher